

# Lectio Divina



## Lectio.

*Read the passage out loud and slowly. Listen to the words or images the Holy Spirit is drawing you toward today.*

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## Meditatio.

*Use this space to reflect on the passage that you just read. Imagine yourself in the story. What does it bring to your mind? Ask the Holy Spirit to show you how this passage might speak to you and your life.*

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## Oratio.

*Respond to the passage with prayer. Talk to God and, if you desire, write about what is on your mind and how he might want you to respond.*

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## Contemplatio.

*Rest in God's presence. Be open to what the Holy Spirit may stir within you. Simply be still and enjoy a moment of fellowship with God.*

# Lectio Divina



Lectio.

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Meditatio.

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Oratio.

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Contemplatio.